

al-Farabi Kazakh National University
Faculty of Faculty of Medicine and Health
6B10103 General Medicine

SYLLABUS
Psi1103 - Psychology
Fall (1) semester, 2022 - 2023 academic year

Discipline's Code	Discipline's Title	Independent work of students (IWS)	Number of hours per week			Number of credits	Independent work of student with a teacher (IWST)
			Lectures (L)	Practical training (PT)	Laboratory (Lab)		
Psi 1103	Psychology	65	15	5 (weeks - 5, 7, 9, 11, 13)	-	2	6
Academic information on the course							
Form of education	Type of the course	Types of lectures	Types of practical training	Number of IWS		Form of the final control	
Online / blended	Theoretical	Lecture-information, visualization, problem focused lecture	Problem solving, cases-situational tasks	At least 3			
Lecturer	Gainiya Tazhina			Office hour		By schedule	
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The academic course Psychology intends to increase the general psychological awareness/culture of the future professionals, recognition/acceptance of their past, present and future from the psychological viewpoint, as well as to master the knowledge on socio-psychological patterns of personality behavior.							
Aim of course		Expected Learning Outcomes (LO) As a result of studying the discipline the undergraduate will be able to:			LO indicators of achievement (ID) (For each LO at least 2 indicators)		
The aim of the discipline is to form psychological competencies, the ability to apply psychological knowledge to analyze professional and personal life situations.		As a result of studying the discipline, the student will be able to:			ID		
		LO 1. To form an understanding of psychological science and practice, the role of psychological knowledge in personal life and professional activity, realising mental health and well-being.			ID 1.1 - determine the subject and tasks of psychological science, the content of the main branches of modern psychology ID 1.2 - distinguish between scientific and everyday psychology ID 1.3 - explain the meaning of psychology for oneself, the team, society ID 1.4. reveal the basic methods of psychology		
		LO 2 Understand the essence and causes of psychological phenomena.			ID 2.1 - correctly understand the meaning of basic psychological terms ID 2.2 - explain the difference between psychological, physiological, sociological processes and phenomena		
		LO 3 Identify the general psychological characteristics of one's own personality, situation, group of people.			ID 3.1 - summarize the results of a diagnostic mini-study based on the instructions; ID 3.2 - make a general psychological description of oneself, a colleague, a friend, one's team		

		ID 3.3 - compose (write) a short story-essay on a psychological topic
	LO 4 Make effective decisions in communication and activities based on psychological knowledge.	ID 4.1 - choose the appropriate psychological technique (method) to resolve the situation. ID 4.2 - evaluate the situation not only from one's own position, but also from the position of the converser. ID 4.3 - solve the problem using knowledge about the character, temperament, personality of another person. ID 4.4 - anticipate the psychological consequences of the developing situation.
	LO 5 Apply the skills of self-regulation of the personality, psycho-correction and prevention of psychological health.	ID 5.1 - assess and justify their psychological resources. ID 5.2 - describe the standard/problems of a psychological nature. ID 5.3 - analyze the main measures for preventing and correcting psychological health. ID 5.4 - use psychological knowledge for self-development, increase awareness in the team.
Prerequisites and Post requisites	Prerequisites: The concept of modern natural science Postrequisites: educational practice	
Literature and resources	<p>Literature: Main</p> <ol style="list-style-type: none"> 1. Kathryn Dumper, William Jenkins, Arlene Lacombe, Marilyn Lovett, Marion Perlmutter. Openstax Psychology. Textbook. 2023. https://opentext.wsu.edu/psych105/front-matter/introduction/ 2. Malim Tony. Introductory Psychology / Malim Tony, Birch Ann. - USA: Palgrave Macmillan, 1998. - p.1007. 3. Baron Robert A. Social psychology / Baron Robert A., Branscombe Nyla R. - 12th ed. - USA : Pearson Education, 2008. - p.540. <p>Additional</p> <ol style="list-style-type: none"> 1. Frank J. Bruno. Psychology: A Self-Teaching Guide. John Wiley & Sons, Inc. 2002. - p.276. 2. Kilduff, M. and Krackhardt, D. Interpersonal networks in organizations: cognition, personality, dynamics, and culture (structural analysis in the social sciences). 1st ed. Cambridge University Press. 3. Funder D., 2006. Towards a resolution of the personality triad: Persons, situations, and behaviors. Journal of Research in Personality 40, 21–34. <p>Internet resources</p> <p>Coursera Open.kaznu.kz American Psychological Association Association for Psychological Science</p>	
Academic policy of the course in the context of university moral and ethical values	<p>Academic Behavior Rules: The deadlines for completing the modules of the online course must be strictly kept according to the discipline study schedule.</p> <p>Academic values:</p> <ul style="list-style-type: none"> - Practical trainings/laboratories, IWS should be independent, creative. - Plagiarism, forgery, cheating at all stages of control are unacceptable. - Students with disabilities can receive counseling by e-mail. 	
Evaluation and attestation policy	<p>Criteria-based evaluation:</p> <p>Formative assessment: constant feedback from students at lectures, seminars, feedback on completed IWS (checking learning outcomes).</p> <p>Summative assessment: assessment on the Final exam.</p>	

Calendar (schedule) for implementing the course content

Week	Topic	Amount of hours	Maximum score
Module 1. Introduction to Psychology			
1	L 1. Psychology as a science. Methodological and methodical aspects of research in psychology.	1	5
2	L 2. Me and my motivation. General organization of the motivational sphere.	1	5
Module 2. Psychological characteristics of personality			
3	L 3. Emotions and emotional intelligence	1	5
	IWS 1. Introduction to psychology 1. Glossary of basic concepts in psychology 2. Table of research methods 3. Essay: Psychology in my life and profession	5	15
4	L 4. The human will and the psychology of self-regulation	1	5
	PT 4. Motives and needs. Emotional Intelligence. Test EI and analysis of EI Components.	1	15
5	L 5. Individual typological personality traits	1	5
Module 3. Psychology of life meaning			
6	L 6. Values, interests, norms as the spiritual basis of personality	1	5
	PT 6. Individual-typological features of personality.	1	15
7	L 7. Psychology of life meaning and professional self-determination	1	5
	IWS 2. <i>Defense of individual projects.</i> 1) Essay: "Sow a habit - reap a character" (10 p) 2) Compose a psychological portrait of a gifted person = (10 p)	5	20
MT 1			100
8	L 8. Psychology of personal health. Lifestyle and health.	1	5
	PT 8. Psychology of professional and personal success.	1	10
Module 4. Communication			
9	L 9. Communication of the individual and groups	1	5
	IWS 3. Stress resistance of the individual 1) Essay: Healthy lifestyle as the basis of personality success (5p) 2) Case: Barriers to professional growth and ways to overcome them (10p)	5	10
10	L 10. The communicative side of communication	1	5
	PT 10. Analysis of communications in modern society	1	10
11	L 11. Interactive side of communication	1	5
	IWS 4. Management and Leadership 1) Conduct a comparative analysis of management and leadership (5 p) 2) Psychological portrait of an effective manager (5p)	5	10
12	L 12. The perceptual side of communication	1	5
	PT 12. Psychological barriers in communication. Factors for effective persuasion	1	10
13	L 13. The concept and structure of socio-psychological conflict	1	5
	IWS 5 Features of interpersonal perception 1) Effects of interpersonal perception (5 p) 2) Make a table " <i>Psychological barriers in communication and overcoming them</i> " (5 p)	5	10
14	L 14. Models of personality behavior in conflict	1	5
15	L 15. Effective communication techniques	1	5
	IWS 6. Final Exam questions preparation consulting.	5	
MT 2			100

Dean _____ **B.B. Meirbaev**_

Head of the Department _____ **A.K. Mynbayeva**_

Lecturer _____ **G.O. Tazhina**